

Breakfast menu

Monday	Tuesday	Wednesday	Thursday
<p>Waffles with a selection of toppings</p> <p>Free Range Boiled Eggs</p> <p>Toast Station</p> <p>Yogurts and Fresh Fruit</p> <p>Range of Breakfast Cereals</p>	<p>Full English Breakfast</p> <p>Grilled Back Bacon Baked Beans Fried Eggs Grilled Tomatoes Hash Browns</p> <p>Smoothie station Mango & Vanilla Mixed Berry</p>	<p>Frittata Bar</p> <p>Ham & Cheese Roasted Vegetable Cheese & Tomato</p> <p>Smoothie station Banana Mixed Berry</p>	<p>Crepe bar Fresh Buttermilk Pancakes - Maple Syrup Streaky Bacon Fruits of the Forest</p> <p>Smoothie station Apple & Kiwi Berry & Banana</p> <p>Selection of Breakfast Cereals</p>

Friday	Saturday	Sunday
<p>Pain au chocolate</p> <p>Croissants</p> <p>Selection of Fillings</p> <p>Free Range Boiled Eggs</p> <p>Selection of Breakfast Cereals</p>	<p>Full English Breakfast</p> <p>Grilled back bacon Pork sausages Hash browns Scrambled Eggs Buttered mushrooms Grilled tomatoes Baked beans</p> <p>Selection of Breakfast Cereals</p>	<p>Porridge Station with Toppings</p> <p>Selection of Breakfast Cereals</p> <p>Yoghurt Station with Fresh Fruit Compotes & Toppings</p> <p>Toasting Station</p>



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Lunch menu week one

Monday	Tuesday	Wednesday	Thursday
<p>Main meal Chicken Sausage with Mashed Potato & baked beans</p> <p>Vegetarian Meal Plant Based Sausage & Mashed Potato</p> <p>Sides Mashed Potato, Garden Peas, Baked Beans</p> <p>Big Bowl Salad Watermelon, Mint & Feta</p> <p>Dessert Classic Victoria Sponge</p>	<p>Main meal Malaysian Style Chicken Curry</p> <p>Vegetarian Meal Sweet Potato & Chickpea Curry</p> <p>Sides Coriander Rice, Steamed Carrots, Naan bread</p> <p>Big Bowl Salad Cous Cous & Mediterranean Vegetables</p> <p>Dessert Forest Berry Cheesecake</p>	<p>Main meal Beef bourguignon</p> <p>Vegetarian Meal Mushroom & Brie Wellington</p> <p>Sides Roasted Herb New Potato, Roasted Root Vegetables, Broccoli</p> <p>Big Bowl Salad Green Goddess Salad</p> <p>Dessert Apple Crumble, Vanilla Custard</p>	<p>Main meal Kung Po Chicken</p> <p>Vegetarian Meal Sweet & Sour Vegetable Stir Fry</p> <p>Sides 50/50 Rice, Stir Fried Greens</p> <p>Big Bowl Salad Asian Slaw</p> <p>Dessert Banoffee pie pots</p>
Friday	Saturday	Sunday	Daily Salad Bar
<p>Main meal Battered Fish, Fish Cakes & Chips</p> <p>Vegetarian Meal Vegan Fishless Finger</p> <p>Sides Lemon Minted Peas, Chunky Chips, Lemons, Tartar sauce</p> <p>Big Bowl Salad Potato, spring onion, herb salad</p> <p>Dessert Multi-colour Fruit Jelly</p>	<p>Main Meal Beef Lasagna</p> <p>Vegetarian meal Vegetable Lasagna</p> <p>Sides Garlic bread, Petit pois</p> <p>Selection of fresh fruit</p>	<p>Sunday Roast Roast Turkey, Roast Potatoes, Vegetables & Yorkshire pudding</p> <p>Salad Bar</p> <p>Chefs Dessert of the Day</p>	<p>Daily Salad Bar Selection of Big Bowl Composite Salads</p> <p>Tomato, Cucumber, Mixed Leaf</p> <p>Homemade Dressings & Oils</p> <p>Soup of the Day with Homemade Bread</p>

Lunch menu week two

Monday	Tuesday	Wednesday	Thursday
<p>Main meal Mild Beef Chilli Con Carne</p> <p>Vegetarian meal Roasted Vegetable & Bean Chilli</p> <p>Sides 50/50 Rice, Sour cream, Salsa, Tortilla chips</p> <p>Big Bowl Salad Roasted Vegetable & Noodle salad</p> <p>Dessert Eton Mess</p>	<p>Main meal Mild Creamy Chicken Tikka Masala</p> <p>Vegetarian meal Mild Vegetable Tikka</p> <p>Sides Pilau Rice, Naan Breads, Onion Bhaji, Stir Fried Greens</p> <p>Big Bowl Salad Caesar Salad</p> <p>Dessert Goey Brownie</p>	<p>Main meal Lemon & Thyme Chicken Thigh, Stuffing, Yorkshire Puds</p> <p>Vegetarian meal Spinach & Feta Filo Pie</p> <p>Sides Roasted Potatoes, Honey Glazed Carrots & Parsnips, Gravy</p> <p>Big Bowl Salad Mixed Bean Salad</p> <p>Dessert Spiced Pear Crumble, Vanilla Custard</p>	<p>Main meal Noodle Bar Piri Piri Chicken</p> <p>Vegetarian meal Mediterreane Vegetables</p> <p>Sides Stir fry Greens</p> <p>Big Bowl Salad Giant Cous cous Salad</p> <p>Dessert Lemon Cheesecake</p>
Friday	Saturday	Sunday	Daily Salad Bar
<p>Main meal Homemade Beef Burger</p> <p>Vegetarian meal Vegetarian BBQ Burger</p> <p>Sides Apple Coleslaw, Corn Cobettes, Wedges</p> <p>Big Bowl Salad Roasted Butternut & Spinach</p> <p>Dessert Multicolour Fruit Jelly</p>	<p>Chicken Sharama Served with Asian Slaw and Dressings</p> <p>Vegetarian meal Falafel Sharama with Asian slaw & Mint yogurt</p> <p>Salad Bar Selection of fresh Fruit</p>	<p>Sunday Roast Honey Roast Gammon Roast Potato, Vegetables & Yorkshire pudding and Gravy</p> <p>Salad Bar</p> <p>Chef's Dessert of the Day</p>	<p>Daily Salad Bar Selection of Big Bowl Composite Salads Tomato, Cucumber, Mixed Leaf Homemade Dressings & Oils</p> <p>Soup of the Day with Homemade Bread</p>

Lunch menu week three

Monday	Tuesday	Wednesday	Thursday
<p>Main meal Chicken Fajitas with Sour Cream & Salsa</p> <p>Vegetarian Meal Tomato & Mozzarella Quesadilla</p> <p>Sides Crispy Onions, Sweetcorn, Chilli Flakes, Jalapenos, Gherkins</p> <p>Big Bowl Salad Quinoa, pomegranate, Salad</p> <p>Dessert Vanilla Cheesecake</p>	<p>Main meal Pasta & Sauce Bolognaise</p> <p>Vegetarian Meal Mac & Cheese Bake</p> <p>sides Garlic Bread, Penne Pasta, Steamed Greens</p> <p>Big Bowl Salad Beetroot, orange, chive sour cream</p> <p>Dessert Coconut Sponge</p>	<p>Main meal Pizza Focaccia, Tomato Sauce, Cheese with Various Toppings; Pepperoni</p> <p>Roasted Vegetables (v) BBQ chicken</p> <p>Sides Jacket wedges, Corn on the Cob</p> <p>Big Bowl Salad Pesto Pasta with Sundried Tomato</p> <p>Dessert Chocolate Trio Marble Cake</p>	<p>Main meal Chicken Katsu Curry with Sticky Rice</p> <p>Vegetarian Meal Aubergine Katsu Curry with Sticky Rice</p> <p>Sides Sautéed Spring Greens,</p> <p>Big Bowl Salad Asian Style Slaw</p> <p>Dessert Upside Down Pineapple Cake</p>
Friday	Saturday	Sunday	Daily Salad Bar
<p>Main meal Battered Fish, Fish Cakes & Chips</p> <p>Vegetarian Meal Vegan Fishless Finger</p> <p>Sides Lemon Minted Peas, Chunky Chips, Lemons, Tartar sauce</p> <p>Big Bowl Salad Fresh pea & Lemon Cous Cous</p> <p>Dessert Tricolore Fruit Jelly</p>	<p>Main meal Mexican Beef Chilli Burritos</p> <p>Vegetarian Meal Vegetable & Lentil Chilli Burritos</p> <p>Sides Rice, Sour Cream, Guacamole, Salsa</p> <p>Dessert Bread & Butter Pudding with Creamy Custard</p>	<p>Sunday Roast Roast Chicken with Yorkshire Pudding & Gravy</p> <p>Beetroot, Lentil & Feta Roast</p> <p>Roast Parsnips & Carrots, Steamed Greens Roast Potatoes</p> <p>Chefs Dessert of the Day</p>	<p>Daily Salad Bar Selection of Big Bowl Composite Salads Tomato, Cucumber, Mixed Leaf Homemade Dressings & Oils</p> <p>Soup of the Day with Homemade Bread</p>

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Supper menu week one

Monday	Tuesday	Wednesday	Thursday
<p>Noodle Bar</p> <p>Fried Noodles with Stir fry vegetables</p> <p>Toppers</p> <p>Chinese Style Chicken Chickpea Falafel Prawn Crackers Crispy Onions</p> <p>Lemon Drizzle Cake</p>	<p>Jacket potato Bar</p> <p>Selection of Jacket Potatoes & Sweet Potatoes</p> <p>Fillings</p> <p>Baked Beans, Bacon Bits, Cheese, Tuna Mayo, Beef Chilli, Jalapenos & Sour Cream</p> <p>Served with a Mixed Salad</p> <p>Nut Free Bakewell Cake</p>	<p>Posh Beans on Toast On Home-made Sourdough Bread</p> <p>Choice of Toppings to include Selection of Toppings to include Pepperoni, Cheese, Ham, Sausage, Tomato sauce, BBQ Beans</p> <p>Served with a Mixed Salad & French Fries</p> <p>White Chocolate Muffins</p>	<p>Boarders Choice</p>

Friday	Saturday	Sunday	Daily Salad Bar
<p>Home-made Pizza</p> <p>A selection of Homemade Pizza to include</p> <p>Margarita Spicy Beef & Peppers Chicken & Pesto Served with Mixed salad & Corn Cob's</p> <p>Custard Creams</p>	<p>Take away Mexican Night</p> <p>Baked Tortilla Chips Spiced Pulled Chicken Stir fry Vegetable Rice Jalapenos Cheese Salsa Smashed Avocado Sour Cream</p> <p>Knickerbocker Glory</p>	<p>Deli Toast Bar</p> <p>Selection of Breads & Wraps With A Choice of fillings to include</p> <p>Ham, Tuna Mayo, Cheese & spring onion, Falafel, Mixed leaves, Tomato, Cucumber, Sweetcorn</p> <p>Sauce selection to include</p> <p>Garlic Mayo, Mayonnaise, Mango Chutney, Sweet chili</p> <p>Selection of Fresh Fruit</p>	<p>Daily Salad Bar</p> <p>Selection of Big Bowl Salads, Tomato, Cucumber, Mixed Leaf with Homemade Dressings & Oils</p> 

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Monday	Tuesday	Wednesday	Thursday
<p>American Dinner</p> <p>Loaded Hot dogs With Jalapenos, Mustard, Ketchup & Crispy Onions</p> <p>Veggie Hot dogs With Jalapenos, Mustard, Ketchup & Crispy Onions</p> <p>Served with Mixed salad & spiced Wedges</p> <p>Victoria Sponge</p>	<p>Combo Night</p> <p>BBQ Ribs Salt & Pepper Chicken Thighs Charred Corn Ribs Green Salad Asian Slaw Potato Skins with Cheese</p> <p>Blondie Cookies</p>	<p>Middle Eastern Mezze</p> <p>Moroccan Chicken Roasted Vegetables Grain Salad with Roasted Chickpea Hummus Olives Gherkins Beetroot Wrap</p> <p>Mocha Cake</p>	<p>Boarder's Choice</p>
Friday	Saturday	Sunday	Daily Salad Bar
<p>Traditional British</p> <p>Cumberland Sausage and Mash, with Onion Gravy Peas, Carrots</p> <p>Vegetarian Sausages with Mash and Onion gravy</p> <p>Chocolate Shortbread</p>	<p>Main Meal</p> <p>Pasta Bar Selection of Sauces Tomato Sc, Arribartta, Vegetarian Meal Baked Mac & Cheese</p> <p>Vanilla Rice Pudding</p>	<p>Deli Toast Bar</p> <p>Selection of Breads & Wraps With A Choice of fillings to include</p> <p>Ham, Tuna Mayo, Cheese & spring onion, Falafel, Mixed leaves, Tomato, Cucumber, Sweetcorn</p> <p>Sauce selection to include</p> <p>Garlic Mayo, Mayonnaise, Mango Chutney, Sweet chili</p> <p>Selection of fresh fruit</p>	<p>Daily Salad Bar Selection of Big Bowl Salads, Tomato, Cucumber, Mixed Leaf with Homemade Dressings & Oils</p> 

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Supper menu week three

Monday	Tuesday	Wednesday	Thursday
<p>Chinese Takeaway Sweet & Sour Pork Beef in Black Bean Sauce Sweet & Sour Vegetables</p> <p>Prawn Crackers Vegetable Spring Rolls Egg Fried Rice</p> <p>Jelly & Custard</p>	<p>Italian Meatballs Spaghetti and Meatballs in a Rich Tomato Sauce</p> <p>Spaghetti with Arrabiatta Sauce and Cheese</p> <p>Garlic Bread, Sauteed Courgettes & Carrots</p> <p>Toffee & Banana Sponge</p>	<p>Traditional Cottage Pie Beef &Vegetables Topped With Mashed Potato</p> <p>Vegetarian 'Cottage Pie' Topped with Mashed potato</p> <p>Selection Of Seasonal Vegetables</p> <p>Seasonal Fruit Crumble</p>	<p>Boarder's Choice</p>
Friday	Saturday	Sunday	Daily Salad Bar
<p>Italian Lasagna Traditional Beef Lasagna Vegetarian Lasagna</p> <p>Garden Salad, Selection of Spring Greens</p> <p>Chocolate Cookies</p>	<p>Burger Bar Homemade Turkey Burgers with Tomato, Cheese, Lettuce & Mayo</p> <p>Homemade Bean Burgers Potato Wedges, Crunchy Slaw</p> <p>Chefs Dessert of the Day</p>	<p>Deli Toast Bar Selection of Breads & Wraps With A Choice of fillings to include Ham, Tuna Mayo, Cheese & spring onion, Falafel, Mixed leaves, Tomato, Cucumber, Sweetcorn</p> <p>Sauce selection to include Garlic Mayo, Mayonnaise, Mango Chutney, Sweet chili</p> <p>Selection of Fresh Fruit</p>	<p>Selection of Big Bowl Salads, Tomato, Cucumber, Mixed Leaf with Homemade Dressings & Oils</p> 

Afternoon Snack Menu – Pre-Prep, Choristers, Day Prep, Clubs and Staff Room

Week 1		Week 2		Week 3	
Mon	Mini Pastry Selection	Mon	Pizza Pinwheel	Mon	Rice Cakes
Tues	Mango & Pineapple Smoothie	Tues	Berry & Yogurt Smoothie	Tues	Apple, Cucumber, Kale & Spinach Smoothie
Wed	Raisin and Seed Granola Bar	Wed	Chocolate Mini Muffin	Wed	Cheese Scones
Thurs	Cheese Straws	Thurs	Bread Sticks with Homemade Hummus	Thurs	Chicken Sausage Roll
Fri	Chocolate Cookie	Fri	Rice Cakes	Fri	Blueberry Muffin Muffin
Fri	Lunch menu dessert (Pre-Prep)	Fri	Lunch menu dessert (Pre-Prep)	Fri	Lunch menu dessert (Pre-Prep)



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